



# SACRAMENTO CITY UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Agenda Item 6.0

**Meeting Date:** May 2, 2019

**Subject:** In Recognition of Resolution No. 3081: National Children's Mental Health Awareness Day, May 9, 2019

- Information Item Only
- Approval on Consent Agenda
- Conference (for discussion only)
- Conference/First Reading (Action Anticipated: \_\_\_\_\_)
- Conference/Action
- Action
- Public Hearing

**Division:** Student Support and Health Services

**Recommendation:** Approve Resolution No. 3081: Recognition of National Children's Mental Health Awareness Day, May 9, 2019.

**Background/Rationale:** National Children's Mental Health Awareness Day, May 9, 2019 is a time to highlight the importance of positive mental health for our students. The Sacramento City Unified School District is proud of the many supports and services available within our district that address and promote the social-emotional needs and skills of our students.

**Financial Considerations:** None

**LCAP Goal(s):** Safe, Emotionally Healthy and Engaged Students; Family and Community Empowerment

**Documents Attached:**

1. Resolution No. 3081

**Estimated Time:** N/A

**Submitted by:** Victoria Flores, Director, Student Support and Health Services

**Approved by:** Jorge A. Aguilar, Superintendent

**SACRAMENTO CITY UNIFIED SCHOOL DISTRICT  
BOARD OF EDUCATION**

**RESOLUTION NO. 3081**

**“Recognition of Children’s Mental Health Awareness Day, May 9, 2019”**

**WHEREAS**, May 9, 2019 has been designated as Children’s Mental Health Awareness Day dedicated to raising awareness of the youth and their families who experience emotional, behavioral and mental health challenges; and

**WHEREAS**, children and youth with mental, emotional and behavioral health needs and their families can achieve a better quality of life with the right resources, treatments and community support within a system of care; and

**WHEREAS**, we recognize that mental health issues, when untreated, can lead to school failure, family conflicts, drug abuse, violence, and even suicide; and

**WHEREAS**, public awareness of the importance of children’s mental health from birth allows children of all ages with mental health and behavioral challenges to find acceptance and understanding in their communities; and

**WHEREAS**, research indicates that school mental health programs improve educational outcomes by decreases absences, decreasing discipline referrals, and improving academic achievement.

**NOW, THEREFORE, BE IT RESOLVED** that the Sacramento City Unified School District Board of Education recognizes May 9 as Children’s Mental Health Awareness Day in honor of the children diagnosed and living with mental health challenges along with their caregivers and families.

**BE IT FURTHER RESOLVED** that Sacramento City Unified School District is commended for the ongoing work that they have undertaken to address the social and emotional needs of our students, to raise children’s mental health awareness, and to provide support and resources for children experiencing mental health challenges and their families.

**PASSED AND ADOPTED** by the Sacramento City Unified School District Board of Education on this 9th day of May, 2019, by the following vote:

AYES: \_\_\_\_\_  
NOES: \_\_\_\_\_  
ABSTAIN: \_\_\_\_\_  
ABSENT: \_\_\_\_\_

\_\_\_\_\_  
Jessie Ryan  
President of the Board of Education

ATTESTED TO:

\_\_\_\_\_  
Jorge A. Aguilar  
Secretary of the Board of Education